

Lakeville Council on Aging Meeting Minutes of November 1, 2023

The Lakeville Council on Aging held a meeting on Wednesday, November 1, 2023 at the Lakeville Senior Center. The meeting was called to order at 10:00 am by Chairman Deveney Boyadjian.

Roll call: Taken by Donna Adams

Present: Donna Adams, Joanne Bowes, Deveney Boyadjian, Gail Dragicevich, Lori Fahey, Paula Houle, Patricia Mustacaros, Nancy Richmond, Evajune White,

Absent: Charlene Montleon, Hilary Wood **Alternate:** Rosemary Duclos

Chair Announcements:

Alternate board member Rosemary Duclos was introduced to the members of the board.

There was a discussion regarding the newsletters being delivered late. Lori stated the reasons, which are beyond our control, lie with the postal system. Nancy suggested putting instructions on how to get it online in the next newsletter which Lori agreed to do.

October Events:

Festival Fall S.A.L.T Triad Luncheon was attended by over 50 people

Halloween Café was a big hit. Ari did the honors of judging the best costume contest.

A Dance with Death – Murder Mystery was canceled due to lack of sign-ups

Upcoming November events:

Stroke Presentation November 2nd sign-ups required

Brain Builders November 7th and 21st - sign-ups required

Three Movies this month – November 7th, 21st and 30th \$2.00 per movie – sign-ups required

Men's Social Club November 9th Special Johnny Cash Event (Highway Men) –EVERYONE is invited. Trying to determine if women can entice their male partners to join this club. Sign-ups required

Hearing Clinic November 9th – sign-ups required

Coping with Grief & Loss November 9th – no sign-ups necessary

Book Club November 13th – walk-ins welcome

Thanksgiving Luncheon for November 14th is full but there is a waitlist. Lori is going to see if she can add one more table of 10 for late comers who want to sit together.

Arts & Crafts with Amy November 15th. \$20 due at sign-up

Collette Travel Presentation November 16th- sign-ups required

SLAM Café November 17th – writers group presentation

Nutrition Simplified November 17th – sign-ups required

Essential Oils November 28th – sign-ups required

S.H.I.N.E. Counselors available – Call for appointment

Congregate Meals Monday and Tuesdays – sign-ups required (No congregate November 14th)

Friends Wreath Sale December 3rd at Old Town Hall

December 19th Christmas Luncheon - \$10 due at sign-ups which begin November 20th

A suggestion was made by Paula to have sponsors help defray operating expenses. Deveney is looking into getting a list of businesses in town.

A motion was made by Deveney to approve the minutes from the October 4th meeting. The motion was approved by Joanne Bowes and seconded by Paula Houle.

A motion was made by Deveney to adjourn the meeting at 11:00. The motion was approved by Pat Mustacaros and seconded by Evajune White.

Next Meeting: Wednesday December 6, 2023 at 10:00 am

Respectfull Submitted by: Donna M Adams